



Feather River College

570 Golden Eagle Avenue, Quincy, California 95971

530-283-0202 • info@frc.edu • www.frc.edu

Update to Students: 4/13/2020

Good afternoon Golden Eagles!

We hope you had a relaxing Easter holiday. We want to update you on a few important things going on:

- As we look forward, we are excited about planning for your return in the fall! Much of the fun is not possible without our student leaders! If you are interested in running for ASFRC Student Government or applying to be a Student Ambassador, now is the time! Check out this page for more information: <https://www.frc.edu/student-services/getting-involved>
 - Ballot Statements for ASFRC are due by Sunday, April 26th and can be completed [HERE](#).
 - Student Ambassador Applications along with a cover letter and two references are due by Friday, April 24th. [HERE](#) is more info!
 - Leadership positions are PAID and students can participate in both programs!
- Check out the Mental Health and Wellness Centers new post on Guided Hip Hop Meditation by RZA! Remember to take time to chill-out and relax! Guided Meditation is a useful tool for managing stress. Find out more [HERE](#).
- Priority registration for summer fall classes is going on now! Make sure to get in touch with your Advisor/Counselor to ensure you have the perfect schedule. They are available by phone and Zoom and are excited to connect with you! To find Advising/Counseling programs all in one place, click [HERE](#). Contact info for Technology support is on that page too!
- Last, we will be taking votes to name the newest foal on campus - check FRC social media soon to cast your vote!

We can't say this enough, so again, thank you for all of the sacrifices and efforts you have made surrounding the COVID-19 pandemic. We know this transition has not been easy, but we are in this together and our efforts now will help us resume to normalcy as soon as possible. Remember to stay connected with your family, friends, teammates, coaches, instructors and support staff!

Have a great week!