

## Feather River College Equine Facility COVID-19 Restrictions and Prevention Guidelines

Written by Terry Schlesinger, MD and Susanna Lewis, DVM. Updated by Feather River College 7/27/2020

***Feather River College Equine Facility is closed to non-essential personnel. Essential personnel include student employees and volunteers who are feeding and caring for the school horses. Boarders who need to care for their private horses are also allowed to do so at this time. Equine students enrolled in an Ag lab class at their designated time only (please communicate with your instructor for designated lab times). In order to reduce the risk to fellow caretakers and boarders, please follow these guidelines.***

When coming to the barn:

**\*\*\*\*Upon arrival you must wash your hands with soap and running water for 20 seconds or use hand sanitizer before touching anything\*\*\*\***

- If you or someone in your household has had a fever or cough or known COVID-19 exposure, do not come to the barn until you have self-quarantined for 2 weeks or tested negative and been released by a medical professional.
- Visits should be limited to boarders and staff only, with exceptions for immediate family members who are helping boarders move in-out. Farriers and veterinarians are allowed as needed, provided they meet the requirements of the point above, but any other visits should be cleared first by barn management.
- Respect the 6-foot distance to other people.
- Plan to be efficient while at the barn and not linger or hang out.
- Consider your personal risk level and whether coming to a communal place is an appropriate risk for you.
- Prepare for the possibility of you becoming infected and unable to come to barn. Have plenty of horse feed prepared, write down the supplements your horse receives and ensure you have someone to care for your horse. Designate an authorized agent who does not share your same residence.
- Masks are required in common areas (such as but not limited to the tack rooms and saddling areas).
- If you develop signs of COVID-19 or find out about a known exposure, notify FRC barn management so appropriate steps can be taken to reduce the risk to others.
- On entering the facility, do not touch any door handles unless you have pre-wiped your hands with approved disinfectant (see list below). Go directly to the bathroom to wash your hands with soap and running water for 20 seconds. The bathroom doors should be left ajar so as to not need to use the handles. If you do touch the handles before sanitizing, wipe the handles as you leave.
- Use spray bottles of diluted bleach for disinfecting. 1-2T/quart. There are disinfectants and hand sanitizer by the tack rooms. Please alert barn management if these need to be refilled.
- The tie rail is marked in six foot increments. If there is no available space to saddle or groom your horse, please utilize your stall or wait for a space to become available. Please disinfect the

tie area, wash rack, and other commonly used items (such as but not limited to shovels, manure forks, wheelbarrows, faucets).

- The number of riders in the arena is limited to no more than 10 at one time unless an instructor is present. Social distancing of at least six feet should be maintained by students while on horseback.
- Tack should be used by their respective rider only. Store in your private tack area. Minimize or eliminate using any communal equipment.
- If sharing equipment, please disinfect with chlorhexidine/ alcohol solution prior and after use. It is advisable to wear protective clothing such as gloves.
- Do not share radio devices or phones. Place the device far from your face. Do not use shared ear devices.
- Remember that gloves are vectors for viral spread. Carry Kleenex or take off your gloves after you ride, hand wash again, wash the gloves at home that night or store them in a private area.
- Solutions containing either 60-70% alcohol, or hydrogen peroxide or bleach (5T per gallon) are effective in disinfecting. Effective also are EPA approved emerging viral disinfectants—hospital grade. <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2>

Clinical signs of COVID-19 appear 2-14 days after exposure but not everyone will show clinical signs.

HINT - Think that your barn is on “strangles protocol”, but with the humans having strangles...

I have read and agree to follow the above COVID-19 restrictions and guidelines for prevention while at the Agriculture, Equine, Rodeo Facilities. I agree to indemnify and hold harmless the Feather River College District and Agriculture Department faculty and staff from any and all claims, actions, suits, procedures, cost, expenses, damages and liabilities to care for my own horse. I am on campus out of my own free will and voluntarily release Feather River College faculty and staff from any liability should I be exposed to COVID-19.	Initial Here	
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**Feather River Community College District**

**Acknowledgement, Waiver of Liability, Assumption of Risk & Indemnity Agreement**

The Feather River Community College District (“District”) is offering a limited number of essential activities to support the success of students participating in limited programs of study and to provide access and hands-on experience that is critical to train the next generation of industry professionals. Participation with in-person activities is elective and not required. While the District has implemented measures to provide a safe learning environment, there is an inherent risk associated with in-person activities at the current time due to the coronavirus/COVID-19 pandemic, and students must acknowledge those risks as a condition of voluntary participation.

I, \_\_\_\_\_ <print name>, hereby request to be permitted to participate in the District’s limited activity including but not limited to Student Housing operated by the District, face to face instruction including laboratories and activity courses, student support services, student employment, athletics, and transportation provided by the District as part of a limited and managed return of students from distance education modalities necessitated by viral pandemic. I understand that I am not required to participate, I am choosing to do so and that there may be other avenues available to me to acquire the necessary credits for my field of study, including but not limited to delaying my participation in activities until the current COVID-19 pandemic has abated to the extent to allow for traditional on-campus activities to reopen.

**Waiver:** I acknowledge that if granted permission to participate in the activity (“Activity”) elected herein, I may be exposed to hazards including but not limited to the potential infection of COVID-19 or other communicable diseases, and I therefore for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue the District, its officers, employees, and agents from liability and any and all claims including the negligence of District, its officers, employees and agents, resulting in personal injury, accident, or illnesses (including death) and property loss arising from, but not limited to, participation in the Activity.

**Assumption of Risks:** Participation in the above Activity carries with it certain inherent risks that cannot be eliminated due to the current COVID-19 pandemic regardless of the care taken to avoid injuries. The risks may vary from one participant to another, and may range from minor injuries such as scratches or bruises, to severe injuries such as concussions or broken bones or infection with a communicable disease such as COVID. I have read the previous paragraphs and I know understand, and appreciate these and other risks which are inherent in this Activity. I hereby acknowledge that my participation is with awareness of these risks, and that I knowingly assume all such risks.

**Indemnification and Hold Harmless:** I also agree to indemnify and hold harmless the District from any and all claims, actions, suits, procedures, cost, expenses, damages and liabilities, including attorney’s fees, that may be brought as a result of my involvement in the Activity. This Agreement may be plead as a full and complete defense to any claim or suit brought after its effective date, and concerning any damages arising during an Activity as set forth herein.

**Acknowledgement of Conditions:** I further understand, acknowledge, and expressly agree that my participation in the Activity is subject to the reasonable rules and regulations of the District, including those regulations adopted expressly for the purposes of mitigating exposure to viral pathogens and specifically to prevent the transmission of COVID-19. I understand and agree that I will comply with reasonable requirements relating to social distancing and maintaining a face covering while engaged in District activities on District property. I further agree to cooperate with reasonable non-invasive screening procedures to ensure that the instructional environment remains as safe and healthy as may be expected under the circumstances. I understand that the District may revoke its consent to my presence on campus if I refuse to abide by these rules.

**Severability:** The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California, and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

By signing the waiver you are agreeing that all mentioned above has been understood, agreed upon, and that you understand that participating in any of the activities listed above is voluntary optional activity and that you have the option to not participate.	Initial Here	
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You further expressly acknowledge and accept that by participating in any of the above activities, you are willingly accepting responsibility for a potentially increased risk of contracting COVID-19	Initial Here	
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**Acknowledgment of Understanding:** I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily, I acknowledge that there are other avenues available to satisfy the lab requirements for my field of study, but I nevertheless choose the Activity as indicated above, and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

\_\_\_\_\_  
 Student Signature Name (printed) Date

\_\_\_\_\_  
 Student ID Date

\_\_\_\_\_  
 Parent Signature (if student is under the age of 18) Date

Please initial acknowledging that you have read this page: \_\_\_\_\_